

## **SIT TO STAND LIFT CRITERIA**

The sit to stand lift is an active lift, and therefore requires your client's participation with use.

Clients must be assessed appropriately prior to using the sit to stand lift, by a qualified clinician or staff member.

Clients should possess the following abilities to ensure optimal safety:

- *Reliable weight bearing through one or both lower extremities, inclusive of leg/hip tone and without lower body deformity.*
- *Cognition that is predictable and reflects their ability to understand and follow staff instructions in a cooperative and consistent manner.*
- *Good trunk/torso control, strength and tone.*
- *Head and neck control.*
- *No unpredictable behaviors or movements.*

If your client does not meet the above criteria, the risk to safety will be increased when using a sit to stand lift. All factors that may affect or inhibit your client's ability to participate with this lift must be considered.

Clients using a sit to stand lift should be observed during each lift procedure to determine that they continue to meet the criteria necessary for optimal safety. Further to this, formal assessments should be conducted routinely and/or as required by your workplace to confirm the client remains appropriate to continue using the sit to stand lift.

If you assess your client and suspect they may not meet the criteria to ensure safety when using the sit to stand lift, use a full passive lift instead. Follow up with your workplace lift expert/team for further re-assessment.