

Sit-Stand Lift Competency Quiz

Facility: _____

Employee/Learner Name: _____

Date: _____

1. **Sit to Stand Lifts** are considered to be **active** lifts because:
- Staff must actively prepare the client to get into the lift
 - Two staff are required to use the lift
 - The client must have the physical and cognitive capacity to participate to transfer using this lift

2. List 3 criteria necessary to use the **Sit to Stand lift** safely with your client.

1) _____

2) _____

3) _____

3. The **Sit to Stand Lift** can be used for which of the following types of client care techniques? (indicate all that apply)

<input type="checkbox"/> Bed edge sitting to chair	<input type="checkbox"/> Turning in bed
<input type="checkbox"/> Bed edge sitting to commode/ toilet	<input type="checkbox"/> Bed lying to chair
<input type="checkbox"/> Transporting to tub room	<input type="checkbox"/> Repositioning in chair
<input type="checkbox"/> Chair to bed edge sitting	<input type="checkbox"/> Floor to bed lying

4. What is the type of sling most appropriate to use with the **Sit to Stand Lift**?

5. When you are raising or lowering your client while using the **Sit to Stand Lift**, the brakes should be

_____.

6. If you assess your client and they are not cooperating with use of the **Sit to Stand Lift**, of the choices below, what is the best approach?

- Get more staff in to assist with the lift
- Continue with the lift, no matter how difficult
- Use a tub lift instead
- Use a full passive lift (e.g. floor lift) and reassess