

Knife Safety

Select the proper knife for the job

Always use a sharp knife

Always carry the knife at your side, pointed down with the edge to the back

Always use a cutting board

Always put a damp cloth under your cutting board so it does not slip

Always cut on a flat level surface

Always try to cut something that is flat

Always use a guard

Always let people know when moving in the kitchen with a knife by using the term "Sharp Behind"

Never try to catch a knife that is falling

Never leave a knife unattended

Never leave a knife in the sink

When you are finished with the knife, wash and dry it and return it to where you got it.

You are responsible for a knife from the time you pick it up until the time it is returned.

I have been instructed on the proper use of a knife and agree to follow the above rules.

Name

Date